

2014 Higher Education Resource Guide

for Students with Disabilities

Your Name



TEXAS COUNCIL for DEVELOPMENTAL DISABILITIES

2014 HIGHER EDUCATION RESOURCE GUIDE
FOR STUDENTS WITH DISABILITIES

Download this document from the TCDD website — tcdd.texas.gov/resources/publications/

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6201 East Oltorf, Suite 600 • Austin, Texas 78741-7509
(512) 437-5432 • (800) 262-0334
tcdd.texas.gov • tcdd@tcdd.texas.gov

Website links current as of October 2014



Photos: courtesy TEA

INTRODUCTION

Now more than ever, students with disabilities have access to educational supports, accommodations and resources that assist them in continuing their education beyond high school and preparing for a career. But higher education (also called postsecondary education) is more than just job training. It opens doors to new friendships, opportunities, experiences and careers. It can broaden your abilities — both socially and academically — while increasing your independence, job choices, knowledge and income.

Studies indicate that almost all colleges are enrolling students with disabilities. About 11% of college undergraduates are considered individuals with disabilities (about 707,000 students nationwide). While schools are becoming better skilled at supporting individuals with physical and learning disabilities, you may need to do a lot of research to find a school that meets your needs and goals. Designed for students with disabilities,

this guide also includes information for parents, teachers, counselors, and vocational and transition staff. We hope it will make it easier for you to find resources to plan for the future and obtain the education that supports your employment goals.

While this guide focuses mainly on attending college, it also touches on other options, such as online training and technical and trade schools. Additional options include job training programs, adult education programs and new transition models for students with disabilities.

Each section of this guide is broken into subtopics that provide tips to help you prepare for higher education and website links where you can find more information. We are excited by the many possibilities ahead and hope this guide helps you on your journey.

Thinking Ahead

It is never too soon to start planning for higher education. All schooling from kindergarten through high school is designed to prepare all students for life after graduation. Now is a good time to try new things to see what you like, build skills and experiences, and start saving money — even if it is only a small amount each month.

Getting Ready for Higher Education

The better prepared you are for higher education, the easier it will be to be successful. Getting prepared includes developing good study habits, exploring educational options, considering how you will pay for higher education, and thinking about a career field. You also need to take the classes and tests required by the school(s) you want to attend. Please note, Texas high school graduation plans require different classes, and some graduation plans and class modifications may restrict admission to some schools.

While in high school, prepare yourself to assume more responsibility and advocate for yourself. If you go to college, you are responsible for registering for classes, managing your time effectively and arranging for supports and accommodations you need.

Resources for Students

Going to College: High School “To Do” Lists

www.going-to-college.org/planning/list.html

Tasks for each year of high school.

Going to College: My Place

www.going-to-college.org/myplace/

Tips and activities to help you determine your learning style and strengths, explore interests,

understand challenges, set goals and become a self-advocate.

The Next Step (Video and Discussion Guide)

tcdd.texas.gov/resources/publications/the-next-step-video-and-discussion-guide

In this video, five Texans with disabilities share their stories about attending higher education schools. Included are discussion sheets with tips to share with parents, teachers, counselors, and vocational and transition staff.

Online Networking & Mentoring Community: DO-IT!

lifeafterieps.com/online-networking-and-mentoring-community-do-it

A free and safe online community that connects high school students with disabilities to college students and adult mentors.

Preparing for College

ncl.org/parents-child-disabilities/teens/preparing-for-college

Information to help students understand the demands of college and academic preparation, explore college environments, and obtain supports and services.

College and Career Readiness

parentcenterhub.org/priority-cc-readiness/#what

College guides and resources links.

Resources for Parents

Graduation Programs: What is the best graduation plan for your child?

tea.state.tx.us/WorkArea/linkit.aspx?LinkIdentifier=id&ItemID=25769809836&libID=25769809849

Side-by-side comparison of graduation program options to be implemented beginning in 2014 for students who entered grade 9 before the 2014–2015 school year. (307 KB, 2 pages)

Extracurricular Activities and Volunteering

While some vocational and trade schools require a high school diploma to apply, college admission committees consider everything about you including your high school grades and scores on college entrance exams. They want to know what classes you took, life experiences, personal attitudes and academic interests that show both your strengths and the challenges you face.

Colleges cannot deny you admission only because you have a disability, but you need to demonstrate that you will make a good student. Typical extracurricular activities could be participating in clubs, sports, doing volunteer work or some type of community service. Keep a list of the following:

- hobbies
- religious activities
- training and camps attended
- skills learned while in high school
- awards received or accomplishments

Keep track of your extracurricular activities including dates, times and number of hours. Keeping a list will make it easier to complete applications for higher education, scholarships and financial aid.

Resources for Students

Volunteer Match

volunteermatch.org

Volunteer opportunities by ZIP code or interest.

Resources for Counselors

The Extracurricular Edge: What your students should know about out-of-school activities
professionals.collegeboard.com/guidance/prepare/extracurricular

Helping students select extracurricular activities.

EXTRACURRICULAR ACTIVITIES	
Clubs:	
Sports:	
Volunteering:	
Camps:	
Music:	
Awards:	

Employment and Career Goals: What You Want to Do Affects School Options

Your interests, abilities and goals will affect the kinds of jobs you may want and what schools you should attend. To get some ideas on what kind of work you want to do, you can take vocational interest and aptitude tests and talk with your family, friends, teachers and counselors. Once you know what kind of job you want, explore the training and schools that will prepare you and work best for you.

Resources for Students

Access Careers: Precollege Students
washington.edu/doit/Careers/precollege_stu.html
Work-based learning for high school students to explore career interests and develop job skills.

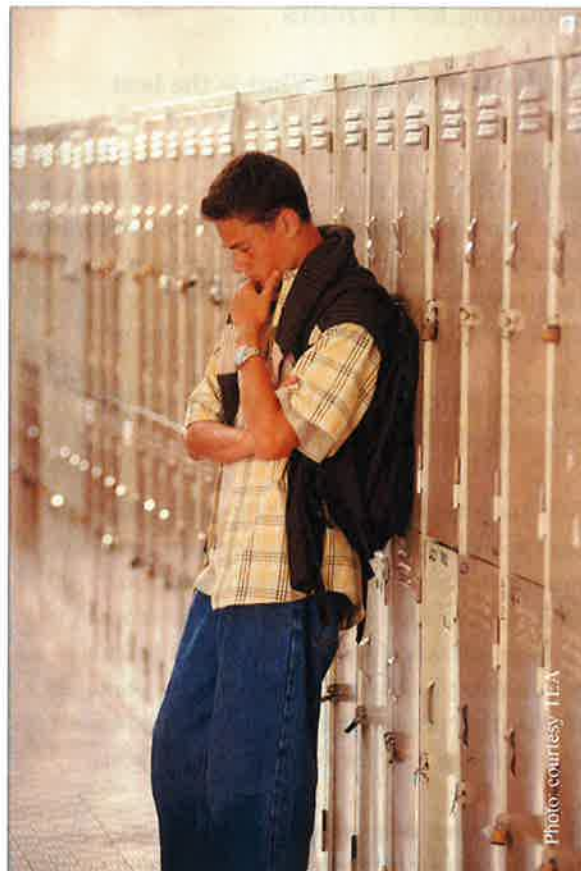
School Transition Program
dars.state.tx.us/publications/pdf/01827.pdf
Contact numbers and services available from the Division for Rehabilitation Services of the Texas Department of Assistive and Rehabilitative Services. (450KB, 2 pages)

**Texas Workforce Commission:
Career Exploration & Trends**
twc.state.tx.us/customers/jsemp/career-exploration-trends.html
Career opportunities and planning, wages, occupations, and job market and employment trends.

**Vocational Rehabilitation for Persons with
Physical and Mental Disabilities**
dars.state.tx.us/drs/vr.shtml
Overview of the Texas Department of Assistive and Rehabilitative Services, Vocation Rehabilitation Program.

Types of Schools and Special Options

There are many types of schools to choose from depending on your career and personal goals,



budget, individual preferences, accommodations needed and other factors. There are also some special options for students with disabilities, including an option for students who receive special education services to continue their high school education after graduation. Some individuals can attend community college classes while still receiving special education support from their school district.

Other possibilities include:

- Two-year community or junior colleges
- Four-year colleges
- College programs designed specifically for students with disabilities
- Vocational, technical or trade schools, or internships and apprenticeship programs that prepare you for a specific job
- Adult education courses at many school districts and community colleges that provide training for adults who would like to learn new skills.

Resources for Students

Career and Technical Education

heath.gwu.edu/career-and-technical-education

How Career and Technical Education (CTE) is helpful to students with disabilities, the difference between an Associate in Science (AS) and Associate in Applied Science (AAS) degree, and what questions should be answered before choosing a CTE program.

College or Training Programs: How to Decide

ldonline.org/article/12768

Options to consider before graduation and what to discuss with family members and your Individualized Education Program (IEP) team.

Community College

heath.gwu.edu/community-college

Community college as an option for students with disabilities.

Knowing Your Options: What to Do and Where to Go

heath.gwu.edu/awareness-postsecondary-options

Overview of educational and training options available after high school to students with disabilities.

Can't Afford School or Need a Break?

Going straight from high school to higher education isn't a good fit for everyone. Some people want a break, a chance to achieve a personal goal or time to earn money for school. You can also use this time to do volunteer work, take remedial classes or strengthen skills in weak subjects, or gain new experiences and increase your self-advocacy abilities. Another option is serving in AmeriCorps, which provides educational funds and a small stipend for doing community service jobs.

Resources for Students

AmeriCorps: Overview — For Individuals

nationalservice.gov/programs/ameriCorps

Programs, eligibility requirements, benefits of service and frequently asked questions.

Gap Year

nacacnet.org/studentinfo/articles/Pages/Gap-Year.aspx

Alternatives to going to college right after high school.





RESOURCES FOR PARENTS, EDUCATORS AND STUDENTS

Parents, teachers and other professionals have an important role in encouraging you and other students with disabilities to attend higher education and helping you achieve your goals as you enter adulthood. This includes supporting you in preparing and applying for college, as well as making the transition to higher education and directing your own life. General college resources also offer important information about higher education that can help you and other students with disabilities to reach your goals. The following resources can be beneficial for students with disabilities, parents and professionals.

Resources for Parents

Healthy and Ready for College!

thinkcollege.net/images/stories/Insight8.pdf

Explores health care challenges for youth with intellectual disabilities. Includes a skills checklist for managing care. (101KB, 4 pages)

Parent Advocacy Brief — Transition to College: Strategic Planning to Ensure Success for Students With Learning Disabilities

ncl.org/images/stories/Publications/AdvocacyBriefs/TransitiontoCollege/TransitiontoCollege.pdf

IDEA, Section 504, student rights and responsibilities, checklist for the critical points in college transition planning (ages 12-18). (320KB, 12 pages)

Parents' Guide to Transition

heath.gwu.edu/parent-guide-to-transition

Your role in transition planning, how to be involved in the transition, the differences in the rights and responsibilities of schools and students as your child moves from high school to college, and what to ask when you tour college campuses.

Resources for Educators

2013-2014 Counselors and Mentors Handbook on Federal Student Aid

financialaidtoolkit.ed.gov/resources/counselors-handbook-2013-14.pdf

A guide for those advising students about financial aid for higher education. (1.1 MB, 55 pages)

Accommodations and Universal Design

washington.edu/doit/Faculty/Strategies

Examples of accommodations for students with specific disabilities in different academic settings, such as large lecture halls, group discussions, distance learning courses, labs and field trips. How universal design can reduce the need for accommodations.

Guidance and Career Counselors' Toolkit: Advising High School Students with Disabilities on Postsecondary Options

heath.gwu.edu/sites/heath.gwu.edu/files/downloads/Toolkit%202014.pdf

Answers questions counselors frequently ask. The information is also good for students and families. (2MB, 192 pages)

The Next Step (Video and Discussion Guide)

tcdd.texas.gov/resources/publications/the-next-step-video-and-discussion-guide

Information sheets — targeted to teachers, counselors, vocational and transition staff, students and parents — accompany a video of five Texans with disabilities who attended colleges, universities or technical schools.

The Transition Coalition

transitioncoalition.org/transition/

Resources and professional development on transitioning to adult life for youth with disabilities.

Resources for Students, Parents and Educators

College for All Texans

collegefortexans.com

Planning for college; selecting a Texas university, college, junior college or technical school; college locator; and applying for college and financial aid (in English and Spanish).

Every Chance, Every Texan

everychanceeverytexan.org

College and career planning information includes job trends, career guidance, paying for college, and admission, tuition and financial aid information of Texas colleges and universities. The website also has targeted resources for parents and grandparents, students, counselors, employers, and financial professionals.

Know How To Go

knowhow2go.com

Encourages 8th through 12th graders to prepare for college. The Mentors section (in English and Spanish) advises parents, guardians, teachers, mentors and other caring adults who aren't familiar with the college process on how to help their students succeed.



Selecting a School: The Application Process

In choosing and applying to a school, it is important to look at the school's full environment including learning opportunities and other characteristics, such as accessibility, supports, social aspects and inclusiveness, and work opportunities after completing the training.

Choose the Best School for You

Finding a school that meets your individual needs, goals and preferences becomes easier when you think about what you want and the type of environment that works best for you.

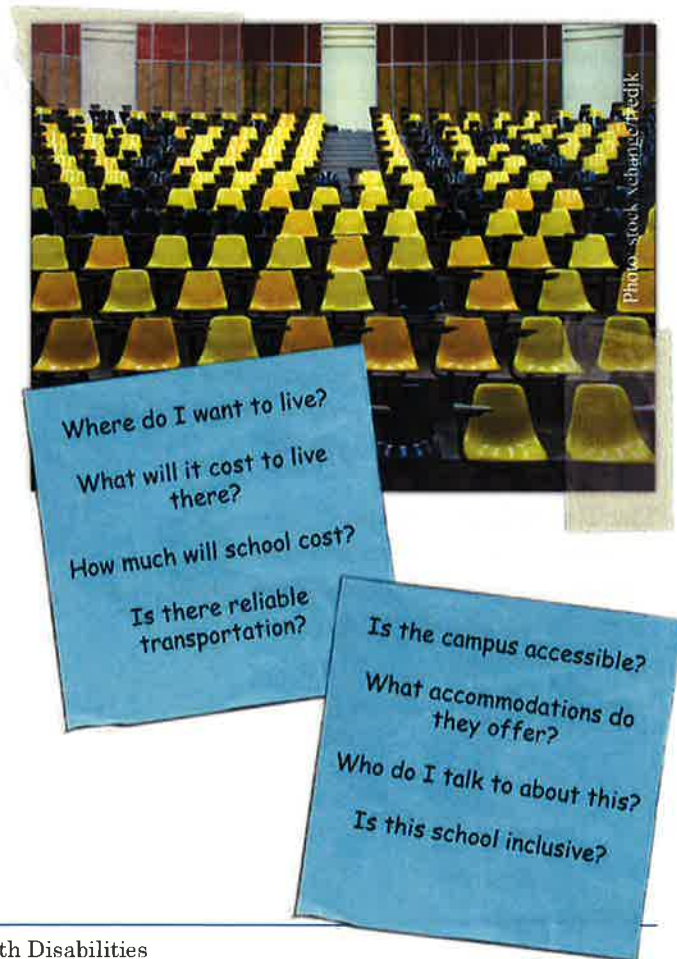
First think about what job you want and what schools will prepare you for it. Then look for a good academic and social match. Some things to consider include:

- where you want to live
- school and living costs
- if you prefer a small or large school
- if the campus is accessible
- transportation
- what accommodations are available
- if the people are welcoming and the school feels inclusive.

Also think about applying to alternative schools in case you do not get accepted into your first school of choice.

Many students start with community college and then transfer to a four-year college to save money, to allow more time to decide on a career, or because they do not feel prepared yet for a four-year college. A lot of online research can be done on a school, but nothing reveals more than a campus visit. When

you tour a school, you can meet with advisors, ask about financial aid, and request an appointment with the school's Office of Disability Services to see what accommodations they can provide such as adaptive technology, tutors or other services.



You can also ask to talk with other students who have disabilities about their experiences, or ask to sit in on a class as a prospective student (maybe going with another student with disabilities).

Resources for Students

Applying for College

going-to-college.org/planning/applying.html

Overview of the college application process, including writing essays and getting letters of recommendation.

Choosing a College

going-to-college.org/planning/choosing.html

What to consider when choosing a college including waivers and substitutions, course load and graduation time, student groups, support sessions, and orientation sessions for students with disabilities.

College Match-up

collegeforalltexas.com/apps/CollegeMatchUp/

Select what's important to you and make a match.

Getting into College: What Students with Disabilities Want to Know

chattahoocheetech.edu/wp-content/uploads/2013/08/What-Students-with-Disabilities-Want-To-Know.pdf

How college is different from high school, preparing and planning for college, the admissions process, how to decide what accommodations you will need, and how to choose a college. (212KB, 12 pages)

Admissions and Placement Testing

Some technical schools have no entrance requirements other than high school graduation. Most four-year colleges require you to take the Scholastic Aptitude Test (SAT) or the American College Test (ACT) entrance exams. Most students take one of these tests two times to improve their score. If you want accommodations for the test, submit the required documentation at least two months before the test date. Community colleges

often require students to take the ASSET or COMPASS tests to identify their strengths or determine if extra training is needed in any areas. You can apply for accommodations for these tests too.

Resources for Students

College Board: Services for Students with Disabilities

collegeboard.org/students-with-disabilities

How to apply for accommodations for college board tests and use of accommodations after approval.

Free SAT, ACT and GRE Test Preparation number2.com

Free online test preparation, tutorials and practice sessions that adapt to each student's ability level, a vocabulary builder, and more.

College Applications, Essays and More

Each school has its own application process and deadlines, so be sure to check what the individual school requires. To make it a little easier, all public universities in Texas — as well as many community and private colleges — use the same basic admission application.

Most colleges also require you to complete at least one essay. The topics change each year and may give you an opportunity to discuss your disability



as it relates to your life experiences, personal attitudes and academic interests. Schools often want letters of recommendation too. Letters are usually from teachers, but they can be from other adults or professionals who know you. You also need to submit high school (and college) transcripts that show the classes you took and your grades.

Resources for Students

Apply Texas

applytexas.org

Online admission application to any Texas public university and to participating community and private colleges.

Applying for College

going-to-college.org/planning/applying.html

College application process overview including essays and letters of recommendation.

Ask Early and Nicely for Letters of Recommendation

usnews.com/education/blogs/the-scholarship-coach/2011/02/24/ask-early-and-nicely-for-letters-of-recommendation

Letters of recommendation advice for scholarship applications including how early to request, how to ask, and what information to provide to letter writers.

Working with High School, Transition and Vocational Staff

Selecting a career path and navigating the admissions process and costs and demands of higher education is challenging. You can ask for help from teachers, school counselors, as well as vocational and transition staff.

The Texas Department of Assistive and Rehabilitative Services (DARS) can also help you plan for the transition to higher education and work. DARS staff can assist you with participating in ARD meetings, getting disability evaluations and tests, and work training including college, technical schools and on-the-job training.

Please note, you may need recent disability testing and documentation to get accommodations in higher education schools, so check ahead of time to see if the documentation you have meets what is required by the school you want to attend. Your high school or DARS may be able to help you get updated tests during your last year of special education services, but DARS can only help with testing if they need to test you to determine if you qualify for services.

Resources for Students

School Transition Program

dars.state.tx.us/publications/pdf/01827.pdf

Contact numbers and services available through DARS Division for Rehabilitation Services. (450KB, 2 pages)



The Vocational Rehabilitation System in Texas

disabilityrightstx.org/files/The-Vocational-Rehabilitation-System-in-Texas.pdf

How to get vocational rehabilitation services, the Individualized Plan for Employment, and what to do if you have a problem with services.
(105KB, 6 pages)

Vocational Rehabilitation for Persons with Physical and Mental Disabilities

dars.state.tx.us/drs/vr.shtml

DARS Vocational Rehabilitation Program overview including help for people with disabilities to prepare for, find and keep employment.

Resources for Parents

Texas Project FIRST: Transition and the IEP

texasprojectfirst.org/TransitionIEP.html

What parents need to know about transition services including links to other resources.

Plan How to Pay for School

There are many ways to pay for college from building a savings account or college fund, to applying for scholarships and loans and participating in a school's work-study program.

Financial aid application deadlines vary, and some schools bundle aid programs into one application to make it easier. You can also check on scholarships for students with disabilities, assistance with disability-related expenses, and help from the Department of Assistive and Rehabilitative Services.

Most scholarships require you to re-apply each year. The average cost for tuition, books and supplies, and room and board for two semesters at the state's four-year public colleges in 2014-2015 is \$17,842.

Resources for Students

College Costs

collegeforalltexasans.com

Average tuition and fees, books and supplies, room and board, transportation, and personal expenses

for Texas public and independent universities, community and junior colleges, technical colleges, health-related institutions, state colleges, and chiropractic institutions.

Paying for College

[collegefortexans.com/Paying for College](http://collegefortexans.com/Paying-for-College)

Options for paying tuition and fees, types of financial aid, how to apply for financial aid, savings plans, and how to avoid scholarship scams.

2014-15 Compendium of Texas Colleges and Financial Aid Calendar

everychanceeverytexan.org/about/scholars

List of Texas colleges and universities, admission requirements, expenses for a school year, financial aid data, and scholarship deadlines.

Federal Student Aid (U.S. Department of Education)

studentaid.ed.gov

How to prepare for college, what types of aid are available, how to qualify and apply for aid, and how to manage loans.

Grants for Individuals with Disabilities

staff.lib.msu.edu/harris23/grants/3disable.htm

Grants and scholarships available to students with disabilities — some with deadlines listed.

Financial Aid, Scholarships and Internships

heath.gwu.edu/financial-aid-scholarships-and-internships

Financial aid available to students with disabilities overview including available federal grant programs, types of student loans, and disability-related expenses and resources.

Congratulations: You Are Accepted

Higher education is very different from high school. There is more freedom and more responsibility. You will be expected to make all arrangements for yourself and complete all course assignments without any prompting. While attending classes and staying on top of homework are important, so are social activities, clubs and relationships. The key is to find a healthy balance.

Adjusting to Higher Education

Once you are accepted into a school, the following can make the transition easier:

- Register for a campus orientation and ask if they have a summer transition program.
- Register for classes and learn your way around campus. Visit your classrooms to learn where they are and check accessibility.
- Arrange for housing, transportation, meals, and paying bills.
- Arrange for supports and develop back-up plans. If you want accommodations or supports from the school, submit documentation on your disability.
- Collect health care documents and determine whom to contact and where to go in case of an emergency.
- If you want the school to share information with your parents, consider signing a release.

Resources for Students

A Nuts and Bolts Guide to College Success for Students who are Deaf or Hard of Hearing
sercdoutreach.wikispaces.com/file/view/The+Nuts+and+Bolts+Guide+to+College+for+Deaf+and+Hard+of+Hearing+Students.pdf

Keys to college success, choosing classes, daily to-do lists, self-advocacy, transition to college, financial aid, accommodations, campus life and much more. Information is written for students who are deaf which is also useful to all students. (5MB, 132 pages)

From Where I Sit

calstate.edu/accessibility/resources/videos.shtml

Video series of eight California State University students with disabilities sharing their experiences in college classrooms including teachers' viewpoints.

Campus Life for Students with Disabilities

going-to-college.org/campuslife/

What to expect in college and what your professors will expect including tips for getting good grades and accommodations and using technology.

Navigating College Handbook on Self Advocacy

navigatingcollege.org/download.php

Written for students with autism by adults with autism about advocacy, accommodations, independent living, health and safety, self-advocacy, and social issues including links to other resources which are also useful to all students.

Working with Disability Services and Other Supports

It's important to seek help when you need it and arrange for reliable supports. This will help minimize stress, improve your grades, and help you qualify for financial aid.

For disability accommodations, you must disclose your disability and provide the required documentation about your disability. This is usually done before classes start with the school's disability services office — staff can tell you what is needed. Also, ask if there is a special disability orientation, discuss what accommodations you will need, and find out what services and supports the school can provide including adaptive technology, tutors or other services. Some schools are better at providing supports than others, and accommodations must be requested each semester. If you are requesting accommodations, you need to give accommodations letters to your teachers, discuss your support needs, and advocate to ensure accommodations are provided to you if needed.

Talk with all of your teachers even if you are not requesting accommodations. Most teachers are willing to work with students who get to know them, participate in class, and ask for help.

Talk with other students with disabilities who can give you valuable tips, see if there are mentors on campus, and get the phone numbers and email addresses of fellow students in your classes for when you need something explained. If your disabilities affect your capacity to succeed in some classes, the disability services office may help you request substitute classes for classes that are not essential for your major.

You can also use supports available to all students such as counseling services, help with study skills, proofreading services, study groups and websites that rate teachers to help you choose classes that match your learning style. A learning coach or a tutor can help you with choosing classes, creating a study schedule and degree planning.

Resources for Students

Academic and Co-Curricular Accommodations in Colleges and Universities
heath.gwu.edu/accommodations

The role of Disability Support Services programs, things to do before applying to and attending college, what types of accommodations are typically offered at colleges, and how universal design in learning is applied in the college environment.

Making the Move to Managing Your Own Personal Assistance Services (PAS): A Toolkit for Youth with Disabilities Transitioning to Adulthood

ncwd-youth.info/PAS-Toolkit

Guide designed to help strengthen essential skills for managing PAS: effective communication, time-management, working with others, and establishing professional relationships.

Questions Regarding Disability Services
educationquest.org/11th-12th-grade-students/information-for-students-with-disabilities/swd-questions-to-ask/

Questions to ask college disability services coordinators to help determine what services and accommodations are available including questions disability services coordinators may ask students.

The Why, When, What and How of Disclosure in an Academic Setting, After High School
dol.gov/odep/pubs/fact/www.htm

Accommodations are provided by a school's disability support service only if you disclose your disability and request accommodations. The timing of disclosure depends on when accommodations are needed.

Self-Advocacy and Understanding Your Rights and Responsibilities

You have to find out about the many resources there are at the school and community to help you succeed in higher education. Ask for help and stand up for yourself, your goals and your

rights — no one will be checking to see how you are doing. You are responsible for all aspects of your higher education from selecting classes that meet your degree plan to paying bills, obtaining supports, attending classes, completing class work on time, eating well and getting enough sleep.

If you live at home or close to home, your parents and friends may provide some support allowing you to gradually take control of more parts of your life. Getting to know other students will help you adjust to school and new responsibilities and give you ideas on succeeding.

It is normal to feel overwhelmed at times. It can help to make lists of what you need to do, work ahead, do the best you can in the time available, and plan time for fun and consider joining student clubs and organizations related to your studies.

Higher education is a time to learn more about yourself and your chosen career while enjoying new experiences and taking control of your own life.

Resources for Students

Avoiding Studying Traps

campushealth.unc.edu/health-topics/academic-success/obstacles-academic-success/avoiding-study-traps

Tips to avoid common study traps.

Self-advocacy — Durham College Centre for Students with Disabilities

www.youtube.com/watch?v=8wPxq-NOZjg

Video about self-advocacy with students emphasizing the importance and benefits of working with campus disability services.

Study Skills Guide

csbsju.edu/academic-advising/study-skills-guide

Tips to help with time management, listening, taking notes, and taking tests.

Study Strategies

d.umn.edu/student/loon/acad/strat

Strategies to help with study skills, time

management, motivation, taking notes, and taking tests; and creating your own study skills profile instructions.

Tips for Students with Learning Disabilities, Attention Deficit Disorders and Related Disabilities

newschool.edu/student-services/student-disability-services/students/tips

Tips to talk with teachers about accommodations.

Know the Law

The main laws protecting college students with disabilities are the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act of 1973, which both prohibit discrimination against “otherwise qualified” individuals on the basis of disability.

While colleges are required to provide reasonable accommodations to make their programs accessible to students with disabilities, they are not required to provide personal services such as occupational or speech therapy, individual tutoring, classroom aides for such non-academic purposes as self-care or handling materials, and transportation.

Resources for Students

ADA Q & A: Section 504 & Postsecondary Education

pacer.org/publications/adaqa/504.asp

How the ADA and Section 504 apply to postsecondary educational programs.

U.S. Department of Education Office for Civil Rights, Agency Overview

ed.gov/about/offices/list/ocr/

The mission of the Office for Civil Rights is to ensure equal access to education and to promote educational excellence throughout the nation through vigorous enforcement of civil rights. The Office for Civil Rights serves student populations facing discrimination and the advocates and institutions promoting systemic solutions to civil rights problems.

Disability Discrimination Resources

ed.gov/about/offices/list/ocr/disabilityresources.html

Success stories, technical assistance materials and links to other resources.

Students with Disabilities Preparing for Postsecondary Education: Know Your Rights and Responsibilities

ed.gov/ocr/transition.html

Rights and responsibilities of students with disabilities, as well as the responsibilities postsecondary schools have toward students with disabilities.

- Contact the school's admissions office and ask what would improve your chances of being admitted the next semester.
- Look for classes or other training to strengthen weak skill areas.
- Ask if it is possible to get a waiver or probation that allows you to be admitted on a trial basis — this may give you time to show you can handle the workload and earn good grades.
- Consider volunteering or apply for a job related to your career choice.
- Consider other career options you would like.

What If You Don't Get Accepted into a School?

It's always smart to think about what you will do if you are not accepted into any school where you applied, including the following:

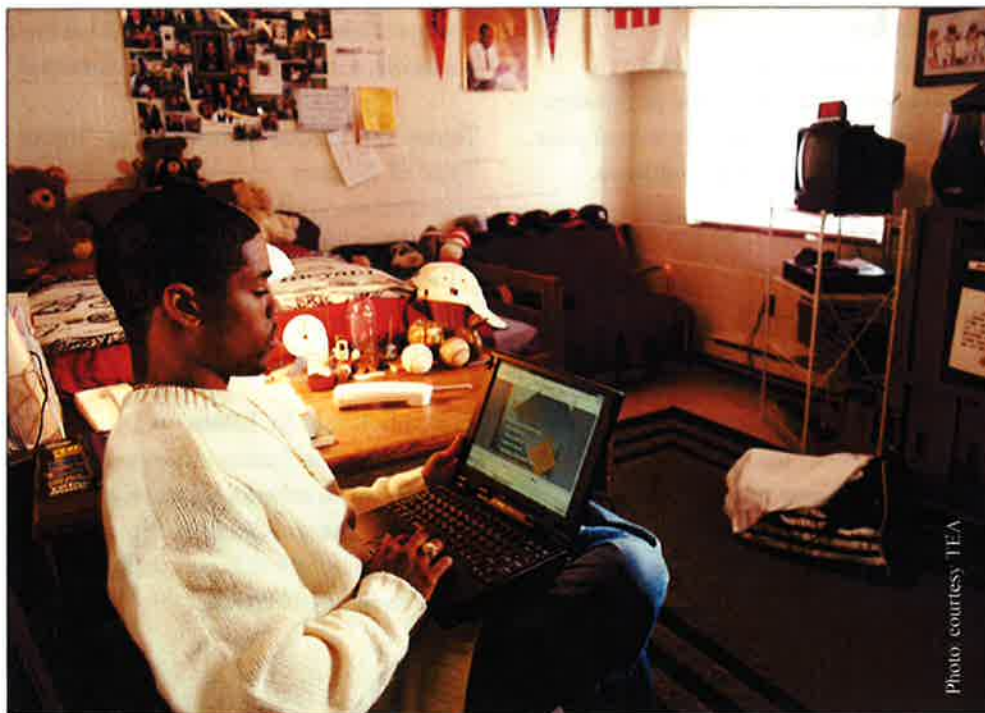
- Consider if other schools or types of training will meet your goals. Community colleges usually have an open door admissions policy for individuals who have graduated from high school or have a GED. Many students start here and then transfer to other schools.

Resources for Students

Plan B: What if I'm Not Accepted to College?

nacacnet.org/studentinfo/articles/Pages/PlanB.aspx

Options if you don't get accepted into the college of your choice including nontraditional admission, community colleges or taking a year off.



Texas Schools, Colleges and Universities

Texas has 38 public universities, 77 community colleges, and 39 private universities, as well as five technical colleges and other types of schools. More than 1,481,500 individuals were enrolled in the state's colleges and universities in the fall of 2012.

Texas Colleges and Universities

Texas Institutions of Higher Education
collegeforalltexans.com/index.cfm?objectid=F37DB129-AF15-41BB-E94442470E41B678

Links to Texas public and private college websites, organized by type of school, location and personal interests (in English and Spanish).

2014-15 Compendium of Texas Colleges and Financial Aid Calendar

everychanceeverytexan.org/about/scholars/

List of Texas colleges and universities, admission requirements, expenses for a academic school year, financial aid data, and scholarship deadlines.

Vocational, Trade and Career Schools

Career Colleges & Schools of Texas Directory
ccst.org/page/members/SchoolMembers?action=AdvancedSearch&cid=737&did=1&listingType=0

Directory of CCST member schools. CCST is the state association for private, post-secondary institutions that prepare people for jobs.

Texas Vocational Schools

texas-vocational-schools.com

Searchable database of private vocational schools that offer healthcare, business, legal, arts, Information Technology and trade programs.

Texas Workforce Commission: Texas Schools

texasindustryprofiles.com/apps/sti/contacts.asp

Contact information and links to websites for community and technical colleges, public universities, health-related institutions, career schools and colleges, degree granting proprietary schools, and independent universities.

Texas Workforce Commission: Texas Schools by Type of Degree

texasindustryprofiles.com/apps/sti/by_degree.asp

Find a school by the type of degree and program including short-term workforce, technical certificate, and advanced technical certificate programs.

Trade Schools in Texas

abouttradeschools.com/unitedstates/texas

Texas trade schools for students pursuing a career in the technical fields of art, design, business, automotive, information technology, health care, culinary or education.



Photo courtesy TEA

ONLINE AND NATIONAL SCHOOLS, COLLEGES AND UNIVERSITIES

CollegeAtlas
collegeatlas.org

Information on colleges and universities, community colleges, online colleges and majors nationwide by ZIP code and career interest.

Texas Distance Education Programs
txelectroniccampus.org

More than 3,400 online courses and 18 complete degree programs.

Online Colleges
onlinecolleges.net

Search for U.S. colleges by degree, diploma or certificate, category, and subject; explore careers; and search for online learning strategies.

OnlineColleges.net — Texas
onlinecolleges.net/state/texas

Post-secondary opportunities in Texas with links to websites, type of school, and programs offered.

Virtual College of Texas
vct.org

Texas Association of Community Colleges, Virtual College of Texas works with community colleges to make courses that are not available locally available to students who need these classes.

Links to Disability Services at Texas Colleges and Universities

Following are links to the websites of many colleges and universities throughout Texas, as well as links to information about services for students with disabilities if available. The office that provides advocacy and arranges for academic support and campus accessibility for students with disabilities is usually called *Disability Services*. Please note, many schools have campuses in more than one location which are not all listed here.

COLLEGE OR UNIVERSITY	LOCATION	WEBSITE	DISABILITY SERVICES
Abilene Christian University	Abilene	acu.edu	acu.edu/academics/trio/alpha/programs/sds
Alamo Colleges	San Antonio	alamo.edu	alamo.edu/main.aspx?id=5942
Alvin Community College	Alvin	alvincollege.edu	alvincollege.edu/DisabilityServices
Amarillo College	Amarillo	actx.edu	actx.edu/disability
Angelina College	Lufkin	angelina.edu	angelina.edu/special-student-support-services/disability-serv/
Angelo State University	San Angelo	angelo.edu	angelo.edu/services/student_life/disability.php
Austin College	Sherman	austincollege.edu	austincollege.edu/campus-life/academic-skills-center/disability-services
Austin Community College	Austin	austincc.edu	austincc.edu/support-and-services/services-for-students/disability-services-and-assistive-technology
Baylor University	Waco	baylor.edu	baylor.edu/oala
Blinn College	Brenham	blinn.edu	blinn.edu/disability.htm
Brazosport College	Brazosport	brazosport.edu	brazosport.edu/counseling-testing/Pages/Disability-Services.aspx
Brookhaven College	Farmers Branch	brookhavencollege.edu	brookhavencollege.edu/studentsvcs/disability_services/Pages/default.aspx
Cedar Valley College	Lancaster	cedarvalleycollege.edu	cedarvalleycollege.edu/FutureStudents/StudentServices/DisabilityServices
Central Texas College	Killeen	ctcd.edu	ctcd.edu/locations/central-campus/student-support/student-success-persistence/disability-support-services/
Coastal Bend College	Alice, Beeville, Kingsville, Pleasanton	coastalbend.edu	coastalbend.edu/specialneeds

COLLEGE OR UNIVERSITY	LOCATION	WEBSITE	DISABILITY SERVICES
College of the Mainland	Texas City	com.edu	com.edu/counseling/disabilities.php
Collin College	Allen, Frisco, McKinney, Plano, Rockwall	collin.edu	collin.edu/studentresources/disabilityservices/
Concordia University	Austin	concordia.edu	concordia.edu/page.cfm?page_ID=1568
Dallas Baptist University	Dallas	dbu.edu	dbu.edu/studentlife/disabled_students.asp
Dallas County Community College District	Dallas	dcccd.edu	dcccd.edu/SS/OnCampus/DisSvs/
Del Mar College	Corpus Christi	delmar.edu	delmar.edu/disability/
Eastfield College	Mesquite	efc.dcccd.edu	efc.dcccd.edu/ssi/DSO/
East Texas Baptist University	Marshall	etbu.edu	etbu.edu/academics/academic-success/students-disabilities-and-accommodations/
El Paso Community College	El Paso	epcc.edu	epcc.edu/CSD
Frank Phillips College	Borger	fpctx.edu	fpctx.edu/Students/EE_Home.htm
Galveston College	Galveston	gc.edu	gc.edu/gc/Special_Needs_Services1.asp
Grayson County College	Denison	grayson.edu	grayson.edu/current-students/students-wdisabilities.aspx
Hardin-Simmons University	Abilene	hsutx.edu	hsutx.edu/offices/disabilities
Hill College	Hillsboro	hillcollege.edu	hillcollege.edu/students/counsel/?dept=4
Houston Baptist University	Houston	hbu.edu	hbu.edu/Choosing-HBU/Academics/Resources/Academic-Accommodations
Houston Community College System	Houston	hccs.edu	hccs.edu/district/students/disability-services/
Howard College - Southwest Collegiate Institute for the Deaf	Big Spring	howardcollege.edu/swcid/	catalog.howardcollege.edu/content.php?catoid=4&navoid=102#ADA_Accommodations
Howard Payne University	Brownwood	hputx.edu	hputx.edu/academics/the-collegium/learning-assistance-services
Huston-Tillotson University	Austin	htu.edu	htu.edu/students/services/disability-services
Kilgore College	Kilgore	kilgore.edu	kilgore.edu/future-students/student-services/instructional-student-support-disability-services
Lamar State College Orange	Orange	lsco.edu	lsco.edu/advising/disability.asp
Lamar State College Port Arthur	Port Arthur	lamarpa.edu	lamarpa.edu/dept/sp
Lamar University	Beaumont	lamar.edu	dept.lamar.edu/sfswd/

COLLEGE OR UNIVERSITY	LOCATION	WEBSITE	DISABILITY SERVICES
Laredo Community College	Laredo	laredo.edu	laredo.edu/cms/LCC/Student_Life/Student_Handbook/College_Services/Special_Services_Center
Lee College	Baytown	lee.edu	lee.edu/handbook-for-students-with-disabilities/
Lone Star College System	Conroe, Cypress, Houston, Kingwood, Tomball	lonestar.edu	lonestar.edu/disability-services.htm
McLennan Community College	Waco	mclennan.edu	mclennan.edu/academic-advising/disability
Midland College	Midland	midland.edu	midland.edu/students/student_services/career/disabilities.php
Midwestern State University	Wichita Falls	mwsu.edu	mwsu.edu/student-life/disability/
Mountain View College	Dallas	mvc.dcccd.edu	mvc.dcccd.edu/studservices/studsucces/disabilityservices
Navarro College	Corsicana	navarrocollege.edu	navarrocollege.edu/student-services/disability-services
North Central Texas College	Gainesville	nctc.edu	nctc.edu/StudentServices/SupportServices/Disabilityservices.aspx
North Lake College	Irving	northlakecollege.edu	northlakecollege.edu/resources/disability.html
Northeast Texas Community College	Mount Pleasant	ntcc.edu	ntcc.edu/index.php?module=Pagesetter&func=viewpub&tid=111&pid=1
Odessa College	Odessa	odessa.edu	odessa.edu/dept/counseling/disabilities
Panola College	Carthage	panola.edu	panola.edu/student-success/disability-support-services
Paris Junior College	Paris	parisjc.edu	parisjc.edu/index.php/pjc2/main/disabilities
Prairie View A&M University	Prairie View	pvamu.edu	pvamu.edu/pages/4016.asp
Ranger College	Ranger	rangercollege.edu	rangercollege.edu/counseling.html
Rice University	Houston	rice.edu	dss.rice.edu
Rio Grande College (Sul Ross State University)	Del Rio, Eagle Pass, Uvalde	rgc.sulross.edu	sulross.edu/page/1384/srsu-accessibility-services
Sam Houston State University	Huntsville	shsu.edu	shsu.edu/dept/disability
San Antonio College	San Antonio	alamo.edu/sac	alamo.edu/main.aspx?id=12829
San Jacinto College	Pasadena	sjcd.edu	sjcd.edu/student-services/educational-planning/educational-planning-and-advising/disability-assistance
Schreiner College	Kerrville	schreiner.edu	schreiner.edu/about/students-with-disabilities
South Plains College	Levelland	southplainscollege.edu	southplainscollege.edu/information-for/future-spc-students/special-services.php
South Texas College	McAllen	southtexascollege.edu	studentservices.southtexascollege.edu/advising/disability.html

COLLEGE OR UNIVERSITY	LOCATION	WEBSITE	DISABILITY SERVICES
Southern Methodist University	Dallas	smu.edu	smu.edu/alec/dass.asp
Southwestern University	Georgetown	southwestern.edu	southwestern.edu/offices/success/forstudents/services.php
Southwest Texas Junior College	Crystal City Del Rio, Eagle Pass, Hondo, Uvalde	swtjc.edu	swtjc.edu/pages/student-life/counseling-and-advising/disability-support-services
St. Edward's University	Austin	stedwards.edu	stedwards.edu/academics/undergraduate/support-services
St. Mary's University	San Antonio	stmarytx.edu	stmarytx.edu/disability
Stephen F. Austin State University	Nacogdoches	sfasu.edu	sfasu.edu/disabilityservices
Sul Ross State University	Alpine	sulross.edu	sulross.edu/page/1384/srsu-accessibility-services
Tarleton State University	Stephenville	tarleton.edu	tarleton.edu/sds/
Tarrant County College	Fort Worth	tccd.edu	tccd.edu/Student_Services/Disability_Support.html
Temple College	Temple	tclive.templejc.edu/	tclive.templejc.edu/SES/Accommodations/Student-Accommodations.aspx
Texarkana College	Texarkana	texarkanacollege.edu	texarkanacollege.edu/academics/academic-support
Texas A&M International University	Laredo	tamiu.edu	tamiu.edu/wellness/disability.shtml
Texas A&M University	College Station	tamu.edu	disability.tamu.edu
Texas A&M University at Galveston	Galveston	tamug.edu	tamug.edu/veterans/CounselingDisability.html
Texas A&M University-Central Texas	Killeen	ct.tamus.edu	ct.tamus.edu/departments/academicsupport/disability.php
Texas A&M University-Commerce	Commerce	tamuc.edu	tamuc.edu/CampusLife/CampusServices/studentDisabilityResourcesAndServices/
Texas A&M University-Corpus Christi	Corpus Christi	tamucc.edu	disabilityservices.tamucc.edu/
Texas A&M University-Kingsville	Kingsville	tamuk.edu	tamuk.edu/compliance/ada.html
Texas A&M University-San Antonio	San Antonio	tamusa.tamus.edu	tamusa.tamus.edu/studentengagementsuccess/dss
Texas A&M University- Texarkana	Texarkana	tamut.edu	tamut.edu/Student-Support/Disability%20Services

COLLEGE OR UNIVERSITY	LOCATION	WEBSITE	DISABILITY SERVICES
Texas Christian University	Fort Worth	tcu.edu	acs.tcu.edu/disability_services.asp
Texas Southern University	Houston	tsu.edu	tsu.edu/Life_at_TSU/Student_Services/University_Counseling_Center/ods_about.php
Texas Southmost College	Brownsville	tsc.edu	tsc.edu/index.php/current-students/student-life/disability-services.html
Texas State Technical College Harlingen	Harlingen	harlingen.tstc.edu	tstc.edu/harlingen/footer/ada
Texas State Technical College Waco	Waco	waco.tstc.edu	waco.tstc.edu/accesslearning/disabilityservices
Texas State Technical College West Texas	Sweetwater	tstc.edu/westtexas	tstc.edu/westtexasstudents/ada
Texas State University	San Marcos	txstate.edu	ods.txstate.edu
Texas State University Round Rock Campus	Round Rock	rrc.txstate.edu	rrc.txstate.edu/prospective/ods.html
Texas Tech University	Lubbock	ttu.edu	ttuhsc.edu/student-services/ada
Texas Woman's University	Denton	twu.edu	twu.edu/dss
The University of Texas at Arlington	Arlington	uta.edu	uta.edu/disability/
The University of Texas at Austin	Austin	utexas.edu	utexas.edu/disability/
The University of Texas at Brownsville	Brownsville	utb.edu	utb.edu/sa/ability
The University of Texas at Dallas	Dallas	utdallas.edu	utdallas.edu/studentaccess/
The University of Texas at El Paso	El Paso	utep.edu	sa.utep.edu/cass/
The University of Texas at San Antonio	San Antonio	utsa.edu	utsa.edu/disability
The University of Texas at Tyler	Tyler	uttyler.edu	uttyler.edu/disabilityservices/
The University of Texas of the Permian Basin	Odessa	utpb.edu	ss.utpb.edu/pass-office/students-with-disabilities/
The University of Texas-Pan American	Edinburg	utpa.edu	utpa.edu/disability
Trinity University	San Antonio	trinity.edu	web.trinity.edu/x6245.xml
Trinity Valley Community College	Athens	tvcc.edu	tvcc.edu/CAPS/article.aspx?deptid=231&zoneid=628&articleid=1650
Tyler Junior College	Tyler	tjc.edu	tjc.edu/Disabilities/
University of Dallas	Dallas	udallas.edu	udallas.edu/offices/hr/adaaa/

COLLEGE OR UNIVERSITY	LOCATION	WEBSITE	DISABILITY SERVICES
University of Houston	Houston	uh.edu	uh.edu/csd
University of Houston Clear Lake	Clear Lake	prtl.uhcl.edu	prtl.uhcl.edu/portal/page/portal/UAO
University of Houston Downtown	Houston	uhd.edu	uhd.edu/disability/
University of Houston Victoria	Victoria	uhv.edu	uhv.edu/sas/adaStudent.aspx
University of Mary Hardin-Baylor	Belton	umhb.edu	cths.umhb.edu/disability
University of North Texas	Denton	unt.edu	unt.edu/oda
University of North Texas at Dallas	Dallas	dallas.unt.edu/	dallas.unt.edu/student-life/disability-services
University of St. Thomas	Houston	stthom.edu	stthom.edu/Campus_Student_Life/Student_Services/Counseling_and_Disability_Services/Disability_Services.aqf
Vernon College	Vernon	vernoncollege.edu	vernoncollege.edu/SpecialServices.aspx
Victoria College	Victoria	victoriacollege.edu	victoriacollege.edu/disabilityservices
Wade College	Dallas	wadecollege.edu	wadecollege.edu/consumer-information/disability-services
Weatherford College	Weatherford	wc.edu	wc.edu/campus-administration/accommodationsdisabilities-office
West Texas A&M University	Canyon	wtamu.edu	wtamu.edu/student-support/disability-services.aspx
Western Texas College	Snyder	wtc.edu	wtc.edu/students/counselingadvising.html
Wharton County Junior College	Wharton	wcjc.cc.tx.us	wcjc.edu/About-Us/administration/offices/student-services/disability-services.aspx

Texas Council *for* Developmental Disabilities



scan to go directly to
tcdd.texas.gov

6201 East Oltorf
Suite #600
Austin, Texas 78741

(512) 437-5432
(800) 262-0334

tcdd@tcdd.texas.gov